



*Little Sisters of the Poor*

Sacred Heart Residence

Spring 2023

# Sacred Heart Residence

*Little Sisters of the Poor*  
Serving the elderly poor in Mobile since 1901



King - Briand Saba

## MARDI GRAS, ALWAYS IN SEASON

The Carnival Season never gets old here in Mobile. Our Residents vote for the Royalty each year, and we're proud of the results!

Our Home has yearly parades, decorations, music, food, and frivolity. In addition, many of our Residents and Little Sisters attend parades on Mardi Gras Day at the Archbishop's Residence in downtown Mobile.



Grand Marshall - John Simmance



Queen - Mary Smith



Jester - Irma "Weezie" Guillot



Lady of Lourdes Lane - Virginia Mrocza



Conde Cavaliers receiving the traditional blessing from Mother Judith



Lady in Waiting - Evelyn "Nannee" Grove





Mother Loraine cutting the farewell cake



Checkers with Melvin Mallet

# Thank you, Mother Loraine

After more than 14 years of service as Mother Provincial for our province, Mother Loraine Marie Clare recently took her farewell tour to the Homes in the province.

She has provided leadership and encouragement to all the Little Sisters during her tenure. The elderly poor have benefitted both in person and through Mother's influence.

Mother Loraine's time has been more eventful than she ever could

have imagined. For many years she has been on the front lines in the Little Sisters' Supreme Court case related to the HHS Contraceptive Mandate, seeking to protect the rights of the Little Sisters of the Poor to freely practice their beliefs.

In 2016 she accepted Notre Dame University's Evangelium Vitae Medal on behalf of the Little Sisters of the Poor. In her remarks, Mother Loraine explained what being a Little Sister

has meant to her.

*"For me personally, my vow of hospitality is keenly felt when I care for the sick and the dying, assuring that they are clean and comfortable, that their sheets are fresh, creating an environment where the experience of death for our Residents and families is one of a dignified and prayerful preparation."*

Mother Loraine will be a great blessing in her next assignment. God Bless her!

# Congratulations to Our Centenarians



Sarah Wilder, 107 Years



Mary Conner, 105 Years



Willie Hill, 101 Years

## Feeding the Family

Before Clint Walker began his work at the Little Sisters of the Poor, he was Chief of Security at a local shipyard. When that company went bankrupt, he asked his cousin, Sam Clipper, to keep an eye out for opportunities. Sam worked in housekeeping at the Little Sisters and told Clint that some openings were available.

Then, Martha Slay, the Dietary Manager, noticed that Clint had worked for Pollman's Bakery and Naman's Supermarket in his youth. So he began his career at Sacred Heart in October 2012.

Clint had supervisory experience, computer skills, and a great work ethic. As a result, she recommended him for the Assistant Dietary Manager position. Ten years later, Clint knows he's in the right place.

He has a special place in his heart for the elderly. Clint says, "I was raised by my grandmother, who I loved dearly, and I see her face in each of our Residents. So I treat them with the care and dignity they richly deserve."

Clint helps Jodi Applegate, the Dietary Manager,

oversee the kitchen's daily operations and manage the staff. He takes his job seriously, including receiving, inventorying, and storing all our food and supplies. Most importantly, Clint works tirelessly to maintain strict sanitary standards.

"When it comes to cleanliness, I'm a perfectionist because I am aware that the health of our Residents is our top priority!"

Clint explains that his most challenging experience at Sacred Heart came during the pandemic. Before then, volunteers gave valuable time to help prep much of the food. During Covid, the employees pitched in to take the volunteer's place. Sanitation was always a top priority, but it became even more critical.

Clint's faith is vitally important to him. He states, "I thank God for the opportunity I've been given to serve the Home. I love the Sisters, the Residents, and the staff here

at the Little Sisters of the Poor! I know that God called me to be here!"

We're grateful daily that God made that call and Clint accepted it!



## ASCEND CARES

For the past several years, we've been blessed to have support from Mimi Smith and "Ascend Cares," which is the charitable arm of their company. They choose items from our wish list and give enough to last several months. Thanks again!



## Sisters of the "Pour"

Thanks to St. Mary Catholic Parish and their "Trivia Night" fundraiser in support of the Little Sisters of the Poor!

As you can see from the picture above, some creative alumni tended bar in character as the Little Sisters of the "Pour."

We are so grateful for their contributions, and even though these folks were never mistaken as the real thing, their hearts show up well in their habits. We're told a fun time was had by all!



## A MESSAGE FROM MOTHER

Dear Friends,

We have so much to be grateful for since our last newsletter. Finally, our Home has moved past the pandemic, even as we continue to do everything possible to keep our elderly safe.

Our benefactors remain a blessing, as they have over the past couple of challenging years. We thank God for giving us such great support using these wonderful donors.

As always, our Residents kept the spirit of Mardi Gras alive as they participated in the Home's festivities, as well as the community parades on Shrove Tuesday.

We are blessed with centenarians at Sacred Heart and many more who are approaching that age. Our Residents make it easy to see the face of Jesus in each one. Our foundress, St. Jeanne Jugan, often reminded us to serve the



elderly with that image in our hearts.

We celebrated the final tour from Mother Provincial Loraine, as she visited our Home one last time last month. We will miss her greatly.

As you can see in the tributes below, we lost two of our Little Sisters recently. We know that both are celebrating their celestial reward with Our Lord Jesus. They were an essential and caring part of our family, and our community will miss them dearly.

Finally, as we approach Easter, we pray that each of you, as well as your families will experience the joy that comes from knowing that we are a Redeemed people because of God's great mercy and Resurrected love.

Gratefully in prayer,  
*Mother Judith, lsp*

## Wish List

*Many of our benefactors ask if there is anything we need for our Residents... here are some of those items. Thanks for asking!*

**Dinner Napkins**

**Individually Snack Items**

**Clorox Wipes**

**Adult Wipes**

**Shout/Awesome Stain Removers**

**Lysol Spray**

**Personal Care Items**

**Assorted Gift Cards**



## Rest In Peace, Good and Faithful Servants



**Sister Clare McDonough, lsp**  
July 3, 1940 – December 24, 2022



**Sister Anne Joseph Doyle, lsp**  
February 3, 1940 – February 4, 2023