



Little Sisters of the Poor

Sacred Heart Residence

Winter 2022

Sacred Heart Residence

Little Sisters of the Poor
Serving the elderly poor in Mobile since 1901



WE'RE BACK!

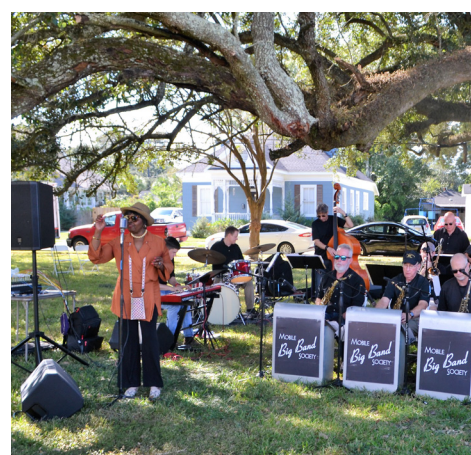
The 51st Annual Little Sisters of the Poor Lawn Party Declared a Huge Success!

Two years with no outdoor Lawn Party made the heart grow fonder! Coming back was a bit challenging but well worth the effort. All in all, this was one of the best Lawn Parties ever.

We had many of the “traditional” trappings of the Lawn Party, but part of the fun came in the new offerings. Our attendees loved the new hayride. The “White Elephant” Sale, relocated to a much more convenient site next to the food tent. And what a special treat to see the Mobile Vintage Motorcycle Club and more than sixty-five very impressive bikes!

As always, the Lawn Party featured food & entertainment. We enjoyed Mitch Rencher’s Steel Drum Duo, the wonderful Mobile Big Band Society, and the very talented McGill-Toolen Catholic High School Marching Band!

Our success was possible because of more than 350 volunteers and record sponsorships! We can’t wait until the 52nd!





It's All About Family!

Ginger Lyndall graduated from the University of South Alabama in 1999. As part of her degree in sociology with a certification in gerontology, she served 180 hours as an extern at Baptist Oaks Senior Apartments.

Ginger often dropped off volunteers at the Little Sisters of the Poor. She hadn't heard of us until then, but soon she answered an ad for a medical records secretary at the Sacred Heart Home.

Sister Carolyn interviewed Ginger, and after seeing Ginger's mom and her son playing out front, decided Ginger would fit right in! This was 23 years ago.

After seven years in medical records, Mother Paul asked her to take over the duties of Resident services. Ginger loved her original position but agreed to the change as long as she could revert to her old job if she didn't adapt well to her new job. She fell in love with her new responsibilities.

Much of her job entails technical aspects of Medicaid, Medicare, Social

Security and many financial details. She knows that each Resident's situation is different. But that's why Ginger is perfect for the task.

Ginger treats every Resident like a member of her immediate family. Whatever the Resident needs, she provides. Maybe she feels this way because she and her family have always been a part of our Little Sisters family.

Her grandfather had a short stay at Sacred Heart before he passed away. Ginger's whole family has contributed as volunteers, including her parents, grandparents, and children.

Ginger's husband, Jarrett, has been in maintenance at Sacred Heart for more than ten years. He is also the IT expert for the Home and often helps the Residents wrestle with constantly changing technology.

When Ginger was carrying her daughter, Emma, she was also battling cancer. The Little Sisters constantly prayed for her family. Mother Marcel

and Sr. Mary Imelda were the first "non-family" to see the newborn baby.

Ginger has countless stories of helping the Residents and their loved ones maneuver their way through all of the regulations and rules involved in elder care. Perhaps the most critical service comes at the end of a Resident's life.

She provides answers to family members at this particular time. The most asked question? "What do I do now?" Sometimes, the Resident has no family and asks Ginger, "Who takes care of my things?"

Ginger takes care of so many details for Residents and families because she has been a "daughter" or "sister" to them in their final years. After all, she has been their personal "banker" and "shopper" during their time here!

Ginger Lyndall is "part of the family" for everyone she encounters. We are blessed to have her in our family at Sacred Heart!

Resident Spotlight: Gloria Whitfield

Many Catholics don't recall the day of their Baptism. However, Gloria Whitfield knows that her date was May 9th, 1943, at Our Lady of Victory in Pascagoula, Mississippi. She attended Catholic Schools and was "taken with the Sisters" early on.

After several years of letting her parents know of her interest in entering religious life, they finally agreed when she was in 11th grade. She entered the community of the Most Holy Sacrament Sisters, an order dedicated to the teaching profession. Gloria became Sister Rebecca and, for 21 years, taught mostly 5th-7th graders.

Gloria says that her biggest challenge came when schools began instructing to meet test scores instead of teaching for knowledge and understanding.

After 21 years, she left the order and moved to California, where she lived near her sister and brother-in-law. She became a receptionist for a



government-run flight training organization. But she eventually missed the South.

Gloria also missed teaching, so she moved to Houston to teach at a Catholic school, and then eventually moved to New Orleans. She spent three years teaching in a very tough public school which saw a significant turnover in the teaching staff.

However, one of her favorite schools was Truman Elementary, a brand new facility with the most up-to-date

facilities. She could then share her love of science using the latest tools.

Unfortunately, Gloria's career as a teacher ended in 2000 after she suffered a stroke. She spent the next few years in physical therapy. After that, Gloria moved to the Pascagoula area to live with her mother. After living in an apartment in Ocean Springs, Mississippi, she moved into Cathedral Place in Mobile.

Gloria considers her move to Sacred Heart Residence to be a true blessing. Her dedication to Our Lord has never wavered, and she especially enjoys centering prayer. In addition, she is always looking for ways to help her fellow Residents.

"I'm overwhelmed with the dedication and patience of the Little Sisters. They combine humor, love, and joy in their everyday living," says Gloria.

We feel the same way about you, Gloria! You still teach us so much in so many ways!

WELCOME TO OUR HOME!



The Little Sisters and our Residents have always enjoyed welcoming visitors to Sacred Heart. That's why it was so hard to shut our doors during the pandemic. But there is a story of one of our donors that we wanted to share with you.

Recently, we received a gift in memory of Gertrude and John Kane. The donation was from Anne Kane and Thomas Kane, with a little story about their parents.

"The Kane Family lived at 33 South Reed Ave (Mobile), two houses from the Little Sisters of the Poor, for over 20 years."

"Every week, Mother opened the door to a female Resident of your home. They would talk, have lunch and share time for three to four hours."

"What a wonderful gift."

"It is with joy that we make this gift to you in honor of our parents. Please offer prayers and Mass in their honor."

We agree! What a wonderful gift from the Kane Family!

A MESSAGE FROM MOTHER

Dear Friends,

Well, I can say that we are officially back to normal after hosting the real version of our Annual Little Sisters of the Poor Lawn Party! It was beautiful to see the smiling faces of our attendees! Thanks to all our benefactors, volunteers, and staff who made the 51st one of our most successful.

We're enjoying the Christmas season as we watch the Home transform with beautiful decorations honoring the birth of Our Lord Jesus Christ. But we never forget the real reason for the season.

For all of us at Sacred Heart, 2022 has been a reawakening of hope combined with gratitude for God's blessings as we recover from the effects of Covid.

We will never forget your support during the challenges of the pandemic. Truth be told, you have always supported



our mission through good times and bad.

Families, friends, and volunteers have again visited our Home and brightened the faces of our Residents. One of the most heartwarming aspects of life here is watching our Residents care for each other.

We sometimes forget that part of living a meaningful life is a giving attitude. The mission of the Little Sisters of the Poor embodies that attitude, but we are so blessed to see it in our Residents, Employees, Volunteers, and Benefactors.

We look forward to the New Year with all of the challenges that we might encounter. But, thankfully, God will be with us, using all of you to make a difference in our elderly Residents' lives.

From the bottom of our hearts—
Thank you, and God Bless You!

Gratefully in prayer,
Mother Judith, lsp

Wish List

Many of our benefactors ask if there is anything we need for our Residents... here are some of those items. Thanks for asking!

Dinner Napkins

Individual Snack Items

Liquid Body Wash

Clorox Wipes

Liquid Dish/Laundry Soap

Body Lotion

Adult Wipes

Shout/Awesome Stain Removers

Lysol Spray

Personal Care Items

Assorted Gift Cards

*Please designate
Little Sisters
of the Poor—Mobile
on Amazon Smile!*

2022 51st Annual Little Sisters of the Poor Lawn Party Sponsors

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Agnes Tsang & Augustine Kwok Ping

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