



# Sacred Heart Residence

*Little Sisters of the Poor*

*Serving the elderly poor in Mobile since 1901*



Sister Christina and Melvin Mallett dancing the day away!



Laura Cox and Sister Marie Cecilia keeping time to the music!

## It's Mobile and It's Mardi Gras!

Yes, we know there is a pandemic. We know our lives have changed dramatically. But, Mardi Gras started in Mobile, Alabama, and we're celebrating!

Traditions bring us back to loving memories of the past. At Sacred Heart Residence, we made some adjustments and enjoyed the merriment just as we have for decades.

In previous years our team decorated the auditorium to the hilt in green, gold, and purple. This year, we split the celebrations into three separate events to maintain social distancing and other safety practices.

Our Activities Team, Tanya Haynes, Brian Fulmer, and Rosia Jenkins, always

puts on a fantastic array of decorations, entertainment, and general merriment for our Residents.

Of course, the Krewe of Kitchen, led by Martha Slay and Clint Walker, provided excellent food, drinks, and treats!

The Little Sisters, staff, and the Residents themselves do everything possible to celebrate this season. We miss the families, friends, and volunteers during these times of celebration, but we do appreciate the support from all of you and look forward to the day when we can proclaim:

*Laissez Les Bons Temps Rouler!*



Ellen McDonough decorating the Mardi Gras Tree! – Another great benefit of "recycling".)



# Yes, Virginia, There Is A Christmas!

Christmas comes but once a year! At Sacred Heart Residence, we love celebrating this Season! While our Residents couldn't leave because of the pandemic, they did their best to enjoy each moment.

First, we had our shopping experience with donations from our benefactors. Our auditorium was transformed into a shopping center with everything from a "Belk's" store, a "Dollar-Tree", and a Men's

Specialty haberdasher. Residents selected gifts for their friends and families along with items they needed.

We had "Santa" parties, complete with "framed" pictures of the participants. There were Christmas Carols, a beautiful spread of holiday food, and delicious egg nog for all.

All in all, it was a Very Merry Christmas for everyone here at the Little Sisters of the Poor!



## BIG BUCKS BINGO — 2021 Style!

Every few months, special benefactors fund one of our most fun events. Mother Judith is our caller, and all of us enjoy waiting to hear "Bingo!" from the winners.

And, make no mistake about it—We have the most competitive players anywhere!

Clear Your Cards! Let's Play Again!





# The Blessings of Our Benefactors

We are so fortunate to have great support throughout our area. These two pictures are just a few of the many examples of our compassionate and generous friends.

We are blessed to receive all kinds of gifts for our elderly Residents from the Campus Police at the University of South Alabama. They have helped us many times at events such as our Mardi Gras parties, Lawn Parties, and Blisters for Sisters Races.

This Christmas, our Residents received presents from "Santa's Elves", as you see in the picture above. This help came from a variety of people and organizations and meant so much to all of us.

Even though we struggle through these abnormal times, God sends His support through some truly phenomenal people.

All of you remain in our prayers, especially in this Lenten Season as we await Easter and the Risen Christ! God Bless You!



## "Everything is a Highlight!"

That was the response from our "newest" Resident when we asked him about the highlights of his life.

Briand Saba joined us a year ago in March as the last person coming to us before the pandemic.

Briand is a native of Denver, Colorado, but was living in Mobile when he came to us. One thing that has been extremely obvious to all of us is his love and affection for his wife, Linda. They've been married for 33 years. She visits faithfully several times a week.

He maintains a close relationship with his brother, Phil, through weekly FaceTime visits.

We asked Briand to tell us one thing people should know about

him. He told us, "I'm a human being, and I love being with people."

As a veteran of the Korean War, Briand used his talent as an Army medical assistant at Walter Reed Hospital, treating patients. He speaks Arabic and French. He was also a business owner serving the bar and restaurant industry.

Briand (with a "d") enjoys competing in chess with our music therapist, Brian Fulmer (no "d").

When we ask Briand how he likes living at the Little Sisters of the Poor, he responds, "It's like the Grand Palace Hotel!"

What a blessing Briand is to all of us!



## MOTHER'S MESSAGE

Dear Friends,

More than a year ago, Covid-19 disrupted our lives and presented us with many everyday challenges. We are persevering, thanks to the prayers and support we receive from all our many friends and benefactors.

As of this writing, we do not know when we can return to normal regarding visits for our Residents, nor when we can welcome back our wonderful volunteers.

At this time, the Mobile Health Department, as well as the CDC has told us to maintain our present status. Hopefully, we will not be under these restrictions much longer.

Nevertheless, our seasons move on, and we now observe the Lenten Season as preparation for the Easter Triduum. Whatever challenges we meet pale in comparison to the sacrifice of Our Lord Jesus Christ, who died on the cross for our redemption.

Our foundress, Jeanne Jugan, recognized this when she took the name "Sister Mary of the Cross." She said, "Do not call me Jeanne Jugan. All that is left of her is Sister Mary of the Cross, unworthy though she is of that lovely name."

She went on to say, "I am attached to the Cross with my Savior, and I want to carry it joyfully until death."

Saint Jeanne Jugan began our mission in Brittany, France during the winter of 1839. Her love of the poor, especially the elderly, was evident through all the crosses she bore on their behalf. Her example remains an inspiration for the Little Sisters of the Poor throughout these many years of service to our



aged Residents.

Along the way, her legacy meant shelter and sustenance for hundreds of thousands of elderly poor throughout the world. She begged for assistance from anyone she encountered and

her faith and prayers to St. Joseph as provider and intercessor were always answered.

Seasons move on, and so does our mission. Since 1901, the Mobile, Alabama Sacred Heart Residence has existed because of the blessings from tens of thousands of our benefactors. You have been the reason we have overcome so many challenges. Covid-19 is just the latest.

As we approach Easter, we remember the Cross that Jesus Christ bore for our sake. The celebration of the Resurrection of Our Lord on Easter Sunday is the essence of our faith because His death granted us redemption and freedom from our sins.

Sister Mary of the Cross is still with us. We will get past these pandemic difficulties. We continue to ask for your prayers and support. Thank you for your sacrifices in helping us care for the elderly poor.

One more quote from Saint Jeanne Jugan. "Making the poor happy, that's what counts." We look forward to the day soon when we will welcome all of you back into our Home.

You and your families remain in our grateful hearts and prayers.

Gratefully in prayer,  
*Sister Judith, Lsp*

“To be a good Little Sister of the Poor, one must love God and the poor a great deal, and forget oneself.”

JEANNE JUGAN



## Wish List

Many of our benefactors ask if there is anything we need for our Residents... here are some of those items.

Thanks for asking!

Dinner Napkins  
Individual pudding cups,  
fruit cups and applesauce cups  
Liquid Body Wash  
Clorox Wipes  
Liquid Laundry Soap  
Body Lotion  
Adult Wipes  
Shout Stain Removers  
Awesome Stain Removers  
Dial Bar Soap  
Lysol Spray  
Dish Soaps