



Serving the elderly
poor in Mobile
since 1901.

From a humble heart, a great wave of charity

On August 30, 2018, the Little Sisters of the Poor began celebrating a jubilee year marking the 150th anniversary of the community's arrival in the United States.

The Congregation was founded in France in 1839 when a humble woman named Jeanne Jugan opened her heart and her home to an elderly, blind and paralyzed woman named Ann Chauvin. Inspired by the Holy Spirit, Jeanne devoted her life to the care of the elderly poor, establishing a new religious community in the process — the Little Sisters of the Poor.

From Jeanne Jugan's humble heart flowed a great wave of charity which eventually spread all over the world. This wave reached America on

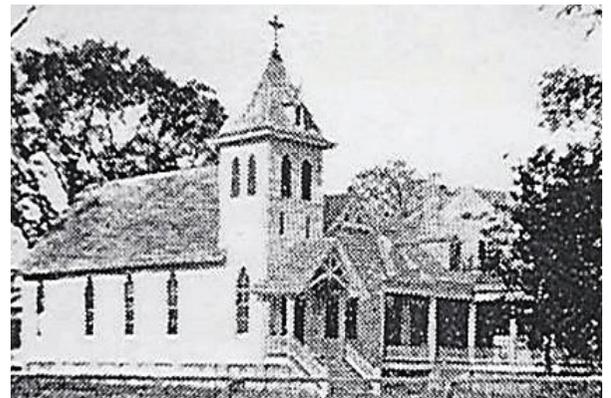
September 13, 1868, when seven Little Sisters arrived in Brooklyn, New York, after a long ocean voyage to establish the community's first Home in America.

Within four years, the Little Sisters of the Poor had established 13 Homes for the elderly in the United States. From Boston to St. Louis to New Orleans, they cared for needy elderly men and women regardless of race, religion or nationality. Today, the Little Sisters minister to the elderly poor in 27 Homes across America.

The Little Sisters believe that their mission is more urgently needed today than ever before as the United States population rapidly ages, new models of elder care emerge and respect

for the dignity of human life is being greatly challenged.

The Sisters cherish the charism that Saint Jeanne Jugan received from God as a precious flame and are eager to pass it on to new generations of Little Sisters as they continue to serve God in this beautiful ministry and charity to His elderly poor here in the United States for the next 150 years!



First Little Sisters of the Poor Home in Mobile



Little Sisters of the Poor

Still teaching!

If our Home ever runs out of energy, we know we can connect jumper cables to Miss Cassie to get us started again! At 90 years of age, she has a spring in her step and a twinkle in her eye!

She was born in 1929 in Prichard, Alabama, as the oldest of thirteen children. Her parents raised them to respect work and to love the Lord. Ultimately, Miss Cassie received her Masters Degree in Education from Xavier University in New Orleans.

She became a nun with the Sisters of Holy Family and taught middle school Social Studies throughout the state of Louisiana. When her congregation took away the requirement that the Sisters needed to wear a habit, she decided to leave the order and continue to teach as a lay person

For the next few decades, Miss Cassie taught Social Studies in the San Francisco School System. She had always enjoyed the

middle school age group because they seemed to respond best to her teaching style. Miss Cassie said, "In those days, young people were not so tied into television and all of the

technology of today. They knew that when they came to class, all of them were expected to be prepared."

They knew that she was strict, and they were there to learn. There would be no "messing around" in her classroom

Miss Cassie's experience with the Sisters of Mercy began early as she volunteered in middle and high school to help in any way they needed. Later, in San Francisco, she helped with Mother Teresa's community. At the direction of Mother Teresa upon her visit to San Francisco, the nuns would prepare a huge pot of soup, put it in a van, and deliver it to the poor.

Miss Cassie loves activities, and enjoys exercising her brain as well as her body. She was elected as "jester" in the Mardi Gras Court, probably due to her unquestionable ability to dance and bring smiles to all of us.



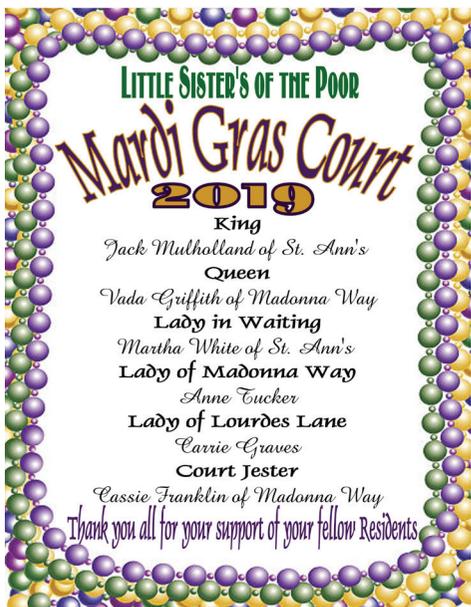
Cassie Franklin

Mardi Gras Court 2019

Few things are more consistent than Mardi Gras in Mobile. This celebration begins at Sacred Heart Residence with the election of the Little Sisters of the Poor Mardi Gras Court! There are parades, balls and a Coronation each year. Several parading societies and bands visit our home, throwing beads and moon pies. They play their traditional jazz music to the delight of all in our Home.

On Shrove Tuesday, many of our Residents enjoy our special, reserved viewing section, located on Government Street. The float riders love tossing their throws to our Residents!

Our Sacred Heart Court reigned majestically over this year's festivities in our Home!



Mardi Gras celebration in full swing



Left-Center-Right

Game Night at Sacred Heart Residence was a great success! We had such a wonderful crowd at this fundraiser, sponsored by the Association Jeanne Jugan (AJJ) for our Residents. This was the 2nd time the AJJ sponsored this event, which was moved into the auditorium for greater seating capacity.

LCR has become one of the most popular games for all sizes of groups. So easy to learn, yet so much fun!

Barbara Trumbaturi chaired this event, with lots of help from fellow AJJ members, volunteers, the Kitchen Staff and the Activity Staff.

More than 130 people enjoyed the festivities. The evening was a huge success. We will definitely be holding this event again at some future date!



Employees, families and friends gathered for a rousing game night which benefited Sacred Heart Home.

MARDI GRAS GAME NIGHT
 Sponsored by Association of Jeanne Jugan
LEFT, CENTER, RIGHT

 EMPLOYEES, FAMILIES & FRIENDS ARE INVITED!!
JOIN US FOR NIGHT OF FOOD, GAMES, DOOR PRIZES, MUSIC & FUN TO BENEFIT THE RESIDENTS!

The Shoppes at Sacred Heart!

What a great idea! Our Residents often have the opportunity to board buses and take shopping trips in town. Some of them, though, cannot take advantage of those trips.

Why not bring the shops to them! Our wonderfully creative Activities Dept. and some great volunteers set up the auditorium with a variety of stores.

They supplied the Residents with Monopoly money, and escorted them into the "Mall!" It wasn't just the opportunity to purchase items they needed and wanted. More importantly they were given the wherewithal to get presents for others, especially family members.

Donors stocked Belk's, Walmart, Dollar Tree and Christmas Cottage with a variety of items. Even Santa's elves helped with gift-wrapping! Everyone enjoyed the free beverage bar and ice cream sundaes as a wrap-up to a great shopping spree!



A Message from Mother



Dear Friends,

As I write this, we are in the winter season in Mobile. When you read this, we will be in the Lenten Season, anxiously awaiting the Easter celebration of our risen Lord Jesus Christ.

As you see from our feature on the front page, we are celebrating the 150th Anniversary of the arrival of the Little Sisters of the Poor to America. Each Home will have a local celebration to commemorate this event. Ours will be held on June 30th. The Little Sisters have been serving Mobile since 1901.

I can't help pondering, in awe and gratitude, the thousands of elderly here and throughout the world who have been cared for in their later years. All because our foundress, Jeanne Jugan, saw the face of Jesus in an elderly, infirmed woman in the streets, and had the compassion to bring her into her

home. That was in Saint Servan, France. in 1839. Only Our Lord knows how many times that act has been repeated throughout the world.

We Little Sisters never forget that none of this would be possible without the assistance of our benefactors. For every Resident to whom we minister, hundreds of you reach into your heart to give them sustenance. We truly witness this miracle daily!

As we remember the passion of Jesus, and celebrate His Resurrection in the Easter season, please know that you and your loved ones remain in our prayers.

May the blessings of our Risen Jesus bring you and your families an abundance of His graces and blessings during this Paschal Season.

Alleluia,

Sister Judith, lsp

Save the Dates

5th Annual Blisters for Sisters 5k and Fun Run

Saturday, April 27



150th Anniversary Little Sisters of the Poor in the United States Gala Celebration

Sunday, June 30

Wish List

Many of our benefactors ask if there is anything we need for our Residents...below are some of our most needed items.

Thank you!

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|---|---------------------|
| Paper Napkins | Boxed Tissues |
| Dial Soap Bars | Clorox Wipes |
| Dove Soap Bars | Liquid Laundry Soap |
| Individually Wrapped Soft Snacks | Denture Tablets |
| Individual pudding cups, fruit cups and applesauce cups | Toothpaste |
| Liquid Body Wash | Body Lotion |
| Mouthwash | Deodorant |
| | Adult Wipes |